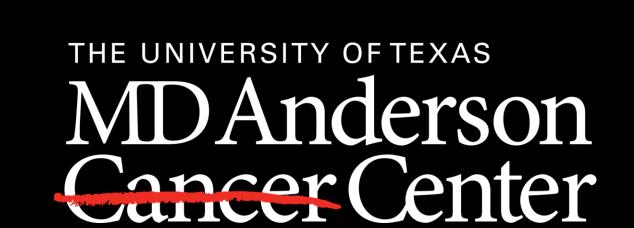


Standardizing Process for Managing High Risk Diabetes Mellitus Patients in Perioperative Setting

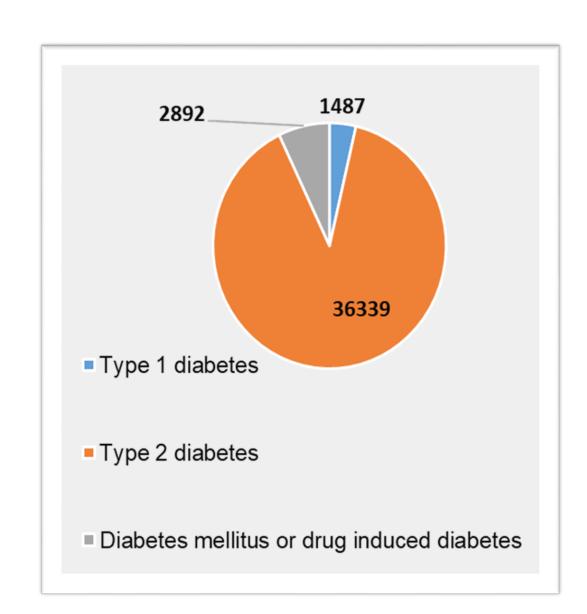


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Background

Approximately 10% of the United States population is affected by Type 2 diabetes. Over 35,000 oncology patients with diabetes mellitus were cared for at the organization from 2016 to 2020.

Inconsistencies were recognized in the ownership of care and/or process in managing these patients. Opportunities were identified to make improvements in the management and process in the perioperative setting.



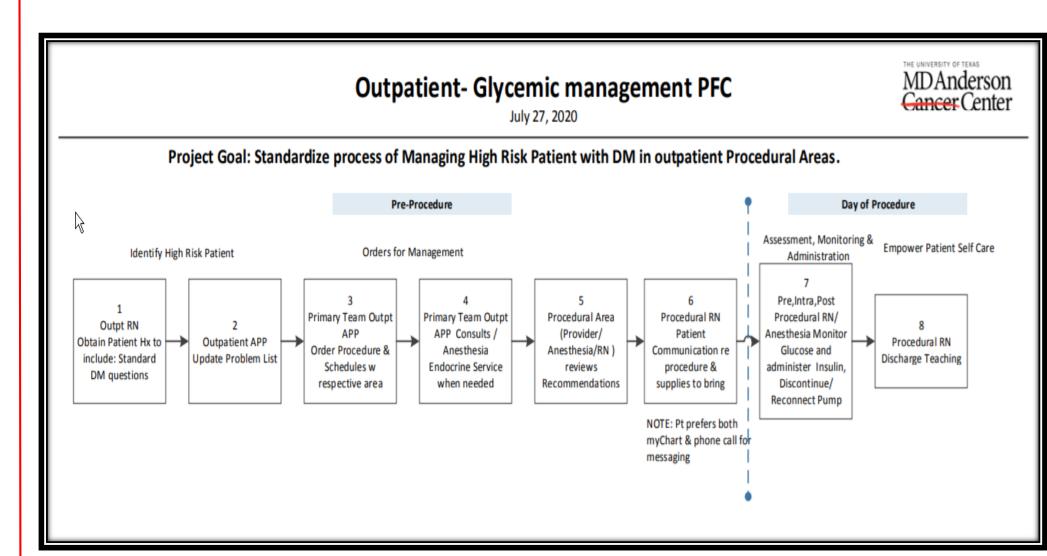
Objective

To standardize high-risk diabetes management in the Operating Room (OR) and out of OR procedure areas to reduce non-compliance of management by 50% within six months.

Implementation

A Process Flow Chart (PFC) was created to streamline glucose management for all Type1 diabetic patients, with or without an insulin pump, and Type 2 diabetic patients with insulin pumps.

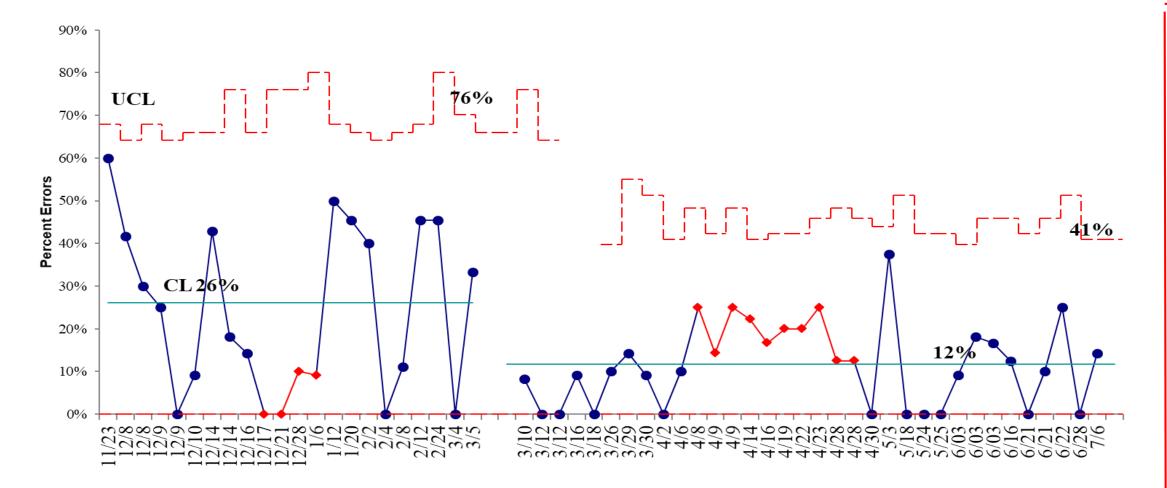
- ☐ The PFC included identifying high risk patients and developing a plan for appropriate interventions in the perioperative setting.
- ☐ An icon was created to identify diabetic patients on the status boards.
- ☐ Patients were contacted the day before surgery as reminder to bring their supplies to hospital.
- ☐ Smart phrases were developed for pre-op conversations, patient education, & discharge instructions.
- ☐ A High-Risk email group was created to notify upcoming high risk diabetic patients with recommendations of care from Endocrine.
- ☐ Staff education was initiated to improve awareness.
- ☐ Chart audits were created to assess compliance and noncompliance was addressed individually.

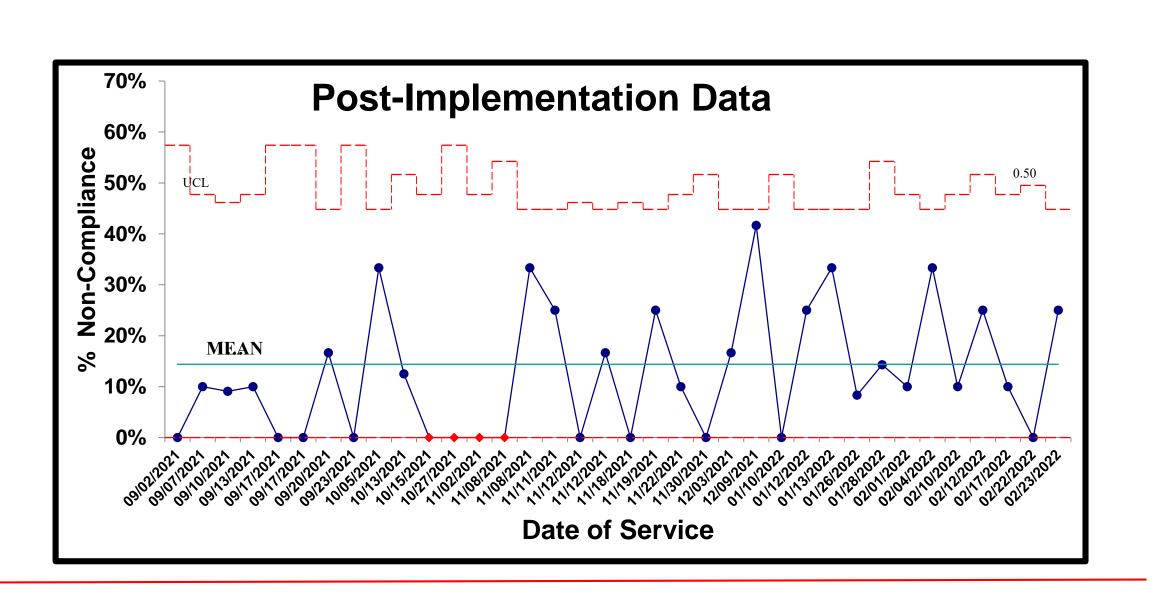


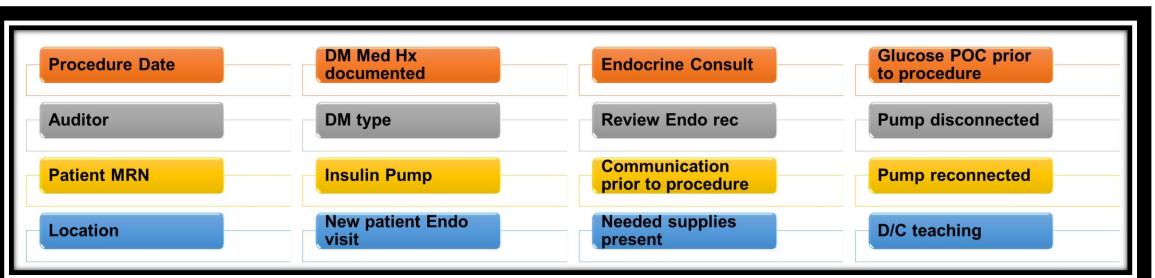
Statement of Successful Practice

The baseline data showed 62% non-compliance to the standard process for managing patients with high-risk diabetes in the pre and post operative area. The pilot study resulted in the reduction of non-compliance from 62% to 7%, exceeding the goal of 50%.

Creation of the diabetes icon in status boards and the group email increased early identification of high-risk patients. Endocrine recommendations and staff education improved awareness of the management of high-risk patients.







Implications for Peri-anesthesia Nursing

Not having a standard process to identify and manage high-risk patients in perioperative settings can lead to postoperative hypo/ hyper glycemic crisis.

The workflow developed to improve identification and management of high-risk patients can be generalized to similar settings.

Acknowledgements

GlycAct Work Group Laura Kaufman Neetha Jawe Allison Starghill Nicole Simon Katie Owens Cecilia Levesque Marjorie Ortiz Alyssa Chow

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